



Kid Pickers
PICK & TELL
NATIONAL STUDENT CONTEST

How-To Guide

Welcome to the Kid Pickers Pick and Tell National Student Contest! This guide will give you some helpful tips for participating in the contest. Don't forget to read the official contest rules before you get started. The rules contain essential information about how to submit your contest entry and guidelines for entering.

1. Think before you pick! Before you go out on a pick, think about what kinds of items you might like to look for, and where you might find them. View some tips on the Kid Pickers website: [Picking 101](#) Some good places to pick: flea markets, garage sales, local sales or swap meets, or even in your own house. (be sure to get permission from your parents first!) This video on [Picking in One Word](#) can help inspire you.
2. Once you have located your pick or picks, think about how you will write about them. Why is this item interesting and how does it connect to history? Start to outline your essay.
3. Research the item online, at the library, or by talking to an expert who may know the history of the item and its background story or context.
4. Start writing your essay. After you have completed your essay, try to share it with a family member or friend for feedback. Revising your first draft always helps make an essay better!
5. Visit www.History.com/shows/american-pickers/pages/pick-and-tell to download the official contest entry form. Submit your essay with the entry form.
6. Remember, whether or not you win the contest, you are building important skills through your research and writing. You are a historian and a picker! Share your interests with others and continue to build these important skills; they will serve you well in life.



Additional Resources:

www.kidpickers.com

[Kid Pickers Classroom Guide](#)

[American Pickers Classroom Guide](#)

